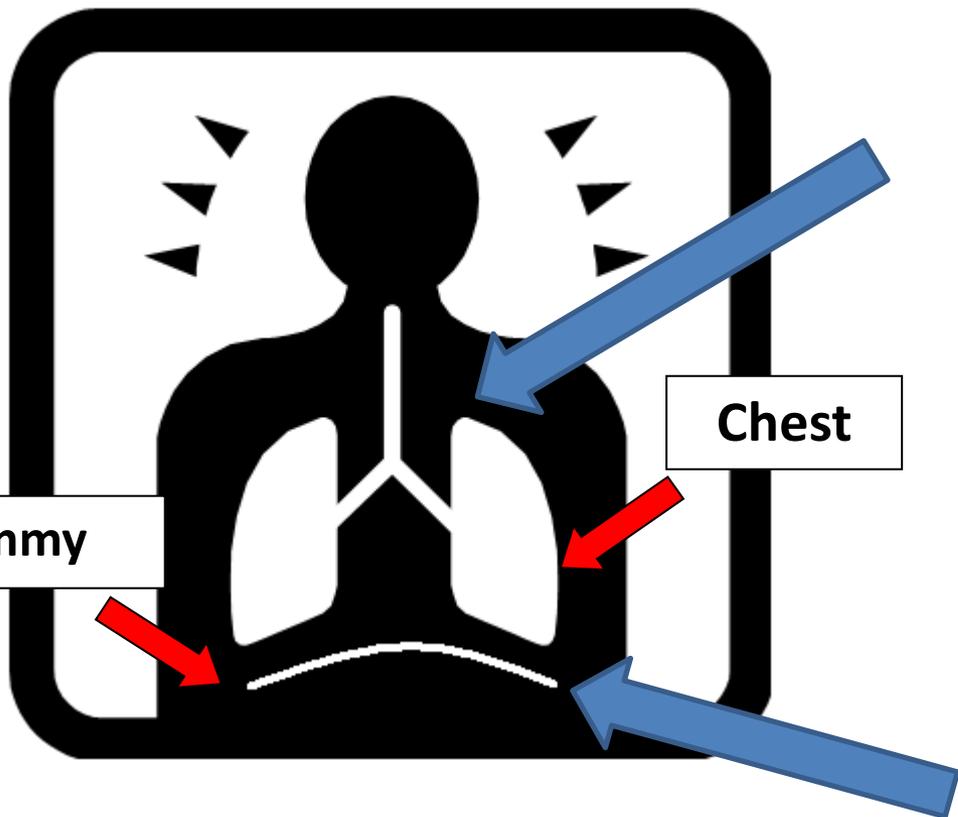


Breathing Deeply



Do not breathe from here.

This will make your breathing fast and short.



Breathe from here.

This will make your breathing slow and deep.